

## For Immediate Release

Patient-Centered Prottes of S Helpresturd y at the 18h Anual Perioperative and Critical Care Conference from The Society of Thoracic Surgeons.

The main role of researchike ours is to increase the awareness among healthcare proiders abut the important role of Entire reducing patient exposure to opioids both during and after bespital discharge," said Andres Zirrilla Arca, Paresident physician at Bigham and When's Hospital in Eston, Adsachasetts. And opioid exposure during bespitalization a not practicing rational discharge prescribing shuld reduce the risk of long -term opioid dependence, as well as mitigate against opioid overprescribing that leads to diversion and abuse."

information for 280 patients who received lung resections at Middlerson Cancer Center in Houston, Texas, between Arch 200 and Paril 200 and were en rolled in the EAR program. The EAR protocol included a standardized pain medication regimen and other interventions such as patient education and counseling carby drate drinke fore surgery, fluid management, no prolonged fasting, and early mobilization following the operation.

Researchers found that from 2006 —when the Ent program was implemented—to 2000 are rate of opioid prescriptions at discharge was reduced from 35% 25%

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In addition, the study showed that there was a gradual and sustained downward trend in opioid prescriptions over the 4-year study period, with the total amount of opioids prescribed declining by 51%. According to the researchers, the use of minimally invasive surgical techniques such as video-

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